GRAPEVINE

VISITACION·VALLEY

ISSUE #75 SERVING OUR COMMUNITY OCTOBER 1992

MIDNIGHT BASKETBALL VALLEY-STYLE

The Visitacion Valley arm of the City-Wide Midnight Basketball League is going strong. Started in August, the games are every Tuesday and Thursday from 10:00 PM on. Visitacion Valley has six teams. To be eligible to play, the young men must attend a workshop before the game each night they play. Workshops are on a variety of subjects that are important to young men, such as job development, educational goals, health, etc.

The young ladies of the neighborhood attend the games, and are helpful in giving moral support to the teams. The games are exciting and full of good basketball action...the Valley men are excellent athletes, so you can count on a good time and a great show.

Please come out and support your local teams. They appreciate their fans. Here are some photos of the action at recent games.

Kim Mitchell (VVCC Gang Prevention Outreach and coordinator of league) takes a breather at half-time.

Photos: Shirletha Boxx

The girls of the Valley cheer for the teams of Midnight Basketball.

Will John O'Connell move to Wilson site?

We've just heard that new School District Superintendent Rojas has announced that John O'Connell School will relocate to Woodrow Wilson High School by February, 1993! The announcement met with mixed reactions from the staffs of the two schools. The O'Connell staff reportedly is against this move, fearing that programs they value will be lost, and that their school will lose its identity. The Wilson staff is not necessarily against the combining of the two schools, but many feel that moving in mid-year is going to cause problems for everyone. They think that with present student body size and the capacity of their building, there will be enough room for both schools, but would rather wait until Fall of 1993 to ensure a smooth transition.

There is to be a meeting for staff of the affected schools with Superintendent Rojas on Monday, September 28th. Perhaps more details will be available next month... Meanwhile, the residents of this community are still waiting to meet the new Superintendent. Maybe once he meets with all of us, he'll realize that there are thousands out in Visitacion Valley who care very much about the quality of education and the quality of life for Woodrow Wilson High students and all students in San Francisco.

NEIGHBORS....What do you think about the proposed move?

NOTE organizes McLaren Park cleanup

Volunteers are needed by Neighbors of the Excelsior (NOTE) to help with a cleanup to rid McLaren Park of years of accumulated trash and debris.

The cleanup starts at 10 a.m. on Saturday, October 3. NOTE is arranging for dumpsters, "trash grabbers", plastic trash bags, publicity and logical support. Mayor Jordan's Neighbors for Neighborhoods program has pledged its support.

Located in the southeast corner of San Francisco, the 318-acre John McLaren Park boasts steep terrain, sweeping vistas and a wide range of recreational activities--a golf course, swimming pool, two lakes, three playgrounds, tennis courts, trails, pathways and picnic areas.

But it gets considerably less use, and less attention than the city's other large park, Golden Gate. Over the years, illegal dumping has left accumulations of trash and debris in some areas.

On October 3, starting at the picnic grounds at the corner of Sunnydale and Mansell avenues, volunteers may stay as long as they like, but the NOTE effort ends at 4 p.m.

Volunteers are encouraged to wear work clothes, sturdy gloves and to bring a box lunch. We'll gather at noon for a picnic.

"We believe this is an important part of preserving and enhancing McLaren Park, an important city resource," said Bill Martin, a NOTE board member and organizer of the cleanup project. "We understand that the city is financially strapped and that volunteer efforts like this are necessary to help make this a better community."

"We hope this sets a good example and helps produce a park that can be enjoyed by even more of our city residents," Bill said. For more details, call Bill at 587-5730.

The park was originally part of a rancho granted to the local government by Governor Alvarado in 1840. Between 1868 and 1904, subdivision plans

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Health Services Planned

Proposition J "The Childrens Initiative" was passed by the voters in November 1991.

The Department of Public Health has received some monies from these funds to provide health services to children and youth. Visitacion Valley was identified as an area with few neighborhood health services. Therefore, it was named as one of four areas in San Francisco in which services are to be developed.

After meeting with some community members, it was determined that the following would be developed. There will be one, four hour clinic at Geneva Towers and one at the Sunnydale Housing Project.

A special feature of these services is that they will have mental health as well as preventative health services. The

continued on page 2

"WEEK OF CARING"...and fun!

Many local organizations benefit from help from the Bay Area United Way, including the Sunnydale Boys & Girls Club, the Koyuse Campfire Club, the Boys & Girls Clubs on San Bruno Avenue and in Hunters Point, the Whitney Young Childcare Center, the Midway Village Childcare Center, Visitacion Valley Community Center and many others.

This September, United Way tried a new way to kick-off the Annual fundraising campaign that raises money from individuals in their workplace...the backbone of United Way fundraising efforts. It was called the "Week of Caring", and the Valley was active in the week's festivities.

Hundreds of corporate executives fanned out throughout the City to volunteer for half-day stints at United Way Agencies. the idea was that instead of attending a luncheon at a downtown hotel and viewing a film of United Way television commercials; the same amount of time was better spent in getting a first hand look at the work their donations support. At Visitacion Valley Community Center, for instance, over 30 volunteers from a dozen downtown firms worked in Childcare, the Senior Program, the Afterschool Program and on the Food Distribution lines and helped with the October issue (this one) of the Grapevine.

They had a ball...and so did our staff and regular volunteers and kids and seniors! We think this program has the potential for great success. Now, these corporate executives will go back to their companies with their own stories and pictures of some hard, hard work and a lot of terrific non-profit agency programs that need United Way support and continue to make use of ever shrinking resources to serve millions of people...just like them! It is clear that all of us need help and services at one time or another in our lives; that the old advertising "feel sorry for me.." approach to fundraising is wrong: disrespectful and unnecessary.

As the "Week of Caring" wound towards its end, approximately 40 agencies gathered at Justin Herman Plaza at the end of Market Street, downtown. At tables set up by United Way, and decorated with balloons, colorful tableclothes and pom-poms, the agencies displayed photos, craft items made by program participants, literature about their services, etc., while entertainment was furnished by agency participants.

The children of the Whitney Young Child Development Center did some wonderful dancing, Anne Kaartunen from the Koyuse Campfire Club visited with downtown workers at the Campfire table, the VVCC table featured free face-painting (we did the faces of pre-schoolers from a downtown office-run childcare center, many "phony tatoos" on hands and arms, and 3 businessmen's knees...on a hot day they were wearing suitcoats, ties and walking shorts!!!). Enola D. Maxwell and Ruth Passen from Potrero Hill Neighborhood House, at the table next to VVCC's, helped with the preschoolers. It was a relaxed and friendly crowd.

PHOTOS ON PAGE 10

Valley Resident Meets IRS Commissioner

Ann Marie Viherek, EA of Visitacion Valley attended the National Association of Enrolled Agents' 20th Annual Convention, August 25-30, 1992 in San Francisco. Attendees were privileged to meet with IRS Commissioner, Shirley D. Peterson and IRS Director of Practice, Leslie Shapiro. During convention week, continuing professional education courses designed to maintain and promote professional competence, increase EA's skills, and ensure a continued high level of service to the public were conducted. NAEA's convention program also provided a week long opportunity for members to share successful business methods with almost 600 of their colleagues from across the country.

Enrolled Agents are tax professionals authorized by the Treasury Department to represent taxpayers before the Internal Revenue Service at all administrative levels. Ms. Viherek has been preparing income tax returns for 12 years. Those interested in obtaining more information about EA's or a referral to an EA in your area for tax consultation should contact the California Association of Enrolled Agents at 800-782-9776.

TAKE CARE OF EACH OTHER!

DISASTER ETHICS

Sbould one profit from disasters? Sure, but not at the cost of others. We profit from disasters in the lessons we learn for the future. We profit in finding new friends and true friends. We profit by helping each other. As sad as the disaster can be, it also brings out the best in our fellow bumans.

But, wben it comes to money, we go a little crazy sometimes, and there's nothing like an emergency to bring out the worst in folks, too.

Many of us, while watching TV reports of the hurricanes in Florida and Hawaii, saw examples of this behavior. Remember the looting and the people carrying guns around at night to protect tbeir property...what was left of it? Trailer sales boomed after the hurricane in Florida, and we saw guys selling ice from the back of trucks at usurious prices while people fought over wbo was first in line. In Hawaii, we heard phone company officials report that they would take months to restore total phone service, and in the meantime, they were installing payphones for the public and non-pay phones for the press! A garage door company owner celebrated the Hurricane as it approached the Louisiana-Texas coast because it meant extra sales for them. Maybe the homeowners' insurance covered their losses, but even so, inflated prices drive up the cost of insurance, so America pays one way or anotber for greed. Don't think that disaster ethics are tbe exclusive property of urban rioters...we're all subject to ugly behavior.

It's up to us to examine our behavior, not just during a crisis, but every day. Think of the picture, in the middle of all this craziness, of the lady in Hawaii. She bad to cook up all tbe food that was in ber refrigerator when tbe power went out, rather tban throw it out. She said she was throwing a big party for all ber neighbors with the food, and that tbey were all going to care for one another. Mahalo, Libue neighbors...you are the heroes of the 1992 Hurricane Season. We must learn from you!

by
Shirletha Holmes-Boxx

The Midnite Basketball League is the hottest thing since the summer in 1947. We have the following teams and captains: 1) S.F. Sonics - Craig Perry, 2) S.F. Lakers-Jerry Jack, 3) S.F. Clippers- Larry Jones, 4) S.F. Kings - Vince Turnipseed, 5) S.F. Nuggets - Curtis Anderson, 6) S.F. Spurs - Joe Smith.

Capt Curt was also a guest commentator for Constant Motion, Ch 25, every Wednesday at 3:30pm. Don't forget to set you VCR's.

Constant Motion had the pleasure to witness excellence in service in a place that people have traditionally said provides poor service, the SFUSD. Surprised????? Don't be contrary to beliefs there still exist a few outstanding and dedicated people in the district.....take note of these who we personally feel are very committed to the people they serve: Dr. Anthony Anderson, Carlos Camejo, Claudia Simmons and Morris Henderson. We certainly hope Mr Rojas recognizes these very skilled and dedicated employees. We believe a commendation is in order for the aformentioned employees of the SFUSD.....

Constant Motion was on hand when the attorney of Smurf and other persons who wish to remain unknown were discussing the facts of the excitment on Baysbore Blvd, last month. Well !!!! The facts were disturbing - bere are some of the things we found out:

Smurf was the victim of a preplanned bust gone awry.....Apparently there was a previous drug transaction that occurred between undercover agents in Hayward and possible associates of Smurf.....but because the alleged buy was set up through Smurf pager number he was implicated as the "head huncho" therefore the agents decided to focus on him 2 weeks later in an undercover drug operation. Some how the bust did not go as plan and the unidentified agents attempted to bust Smurf anyway for the alledged sell 2 weeks prior and Smurf attempted to escaped from what he thought were possible robbers or gang bangers. Some how this 4'10" tall, approximately 110 lbs, young black male was shot and beat while being persued by approximately 10 - 15 officers. It was confirmed Smurf had no weapon and was running when he was shot. And then beat after being shot.....Please call us if you witness this event we want to talk to you.....Also call if you understand how and or why these officers would have to shoot such a small person that could easily be restrained by 2 or maybe just 1 officer.....Is this just.....or is it Just -us.

GRAPEVINE
VISITACION·VALLEY

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LET WORMS TURN YOUR GARBAGE INTO GOLD

Let worms eat your carrot peels, coffee grounds and egg sheels! They will happily turn them into some of the best fertilizer on earth-worm compost. Magic? no, it's nature's way of recycling. Come learn how to do it at home. The San Francisco League of Urban Gardeners (SLUG) will conduct a FREE worm composting workshop on Saturday, October 10, from 10:00 am to noon at the Garden for the Environment, located at Lawton Street and 7th Avenue in the Sunset District.

On Saturday, October 24, 10:00 to noon, SLUG will conduct a basic, hands-on backyard composting workshop, at the same location.

Call SLUG's Compost Rotline for information and reservation at 285-7585.

Letters

Dear Editor:

We have a monstrous task ahead of us. Over 500 sites exist in San Francisco which contain various levels of contaminants. Of those, 90 documented sites have free-floating gasoline or diesel, caused by leaking fuel tanks, and most probably sit on top of the City's groundwater. The contaminants may have been in the ground for decades, and groundwater which is used by the City's Fire Department and at Golden Gate Park is threatened with contamination.

Under state law, these sites must al be cleaned up using various means including excavation, bio-remediation, vapor extraction or through pumping out. Questions as to the environmental impact of these methods are yet to be answered, however, and no comprehensive policy exists for neighborhood notification or inclusion into the decision-making process.

A potentially hazardous situation was just avoided when I successfully put a halt to one such clean-up plan by Shell Oil of their old Sbell Gas Station site at 2198 Fell Street in the Stanyan Fulton neighborhood. Sbell Oil bad installed a Soil Vapor Extraction System wbich would have emitted yet unknown chemicals into the air continuously for at least two years. The site is near the entrance to St. Mary's Hospital and Medical Center, and in the middle of a residential neighborhood. To make things worse, the neighbors had not been notified of the clean-up plans.

My resolution which was passed unanimously by the Board of Supervisors put a halt to the plans, and asked that an independent consultant present alternative technologies for the cleanup of contaminated soil and water. Most importantly, it set up a committee which includes representatives of the affected neighborhoods in the decisions that directly impact their community.

I have called for hearings to establish a comprehensive policy for the process of site clean-up around the City so that your neighborhood can be duly notified and situations similar to the one at Fulton-Stanyan can be avoided. We will notify you of the hearing dates. Together we can defend our neighborhood.

Sincerely,
Terence Hallinan
Member, Board of Supervisors

New Health Services

from page 1

mental health services will focus upon working with children/youth who may have been witness to, or victims of violence; early identification of children with delays in their development; prevention services involving alcohol/drug abuse.

The physical health component will target immunizations, lead screening, pregnancy testing, health education on various topics, especially AIDS; and information and referral to further health services.

It is planned that tbese services will continue each year as funds will be received from the 1% of City sales tax.

If you have any suggestions, questions or would like further information, please call :

Dr. Al De Ranieri, Director
South East Mental Health Clinic 585-7753

Madeline Ritchie, Director
HC#3 1525 Silver 468-1435

Five Years Ago in the Grapevine

OCTOBER 1987

*A mid-life career change brought Joyce Hollins, a long-time French Hospital admitting office employee, to Visitacion Valley to open her new shop, A New Start Hair Studio, at 222 Leland Ave.

*Camp Fire started its Visitacion Valley group October 13 with the theme "Every kid's a winner" in encouraging all children to enjoy new activities and learn new skills.

*Cuneo Bakery, at the corner of Leland Ave. and Alpha St., won first prize for french bread at the San Francisco Fair.

*Valley residents Robert Kolkman, Mel Champion, and Alma Taylor received awards for outstanding efforts in the Senior Park and Community Garden.

*Owner Glenn Everingham opened Leland True Value Hardware at 120 Leland Ave.

*Acknowledged by the Grapevine for their contributions to Visitacion Valley were Gene Lee, Frank Riccomi, Tom Spiraleri, and Anne Kaartunen.

Volunteers Needed

...to paint Vis. Valley Elementary School Cafeteria and Boys & Girls Bathrooms.

PAINT PROVIDED!

Wear grubby clothes. If you have any brushes or rollers, bring them. If not, just come and help.

Visitacion Valley Elementary School
55 Schwerin
October 3 & 4 Saturday & Sunday
9:00 AM

If you need information, call 905-5675, leave your name and phone number on the recording, and someone will call you back.

Appointees Join Commission on Status of Women

Fall Priorities: Domestic Violence; Incarcerated Women and Women & Employment Issues

SAN FRANCISCO -- With new commissioners beaded by Chair Caryl Ito and Vice Cbair Rosa S. Rivera, the San Francisco Commission on tbe Status of Women will review its mandate and develop priorities for the coming year at its Annual Meeting, Saturday, October 3. (See roster of new Commissioners following).

"The public is invited to sit down with the Commissioners and offer comments and suggestions for helping to make the Commission's agenda as pertinent and responsive as possible to the concerns of women in San Francisco," says Sharon Johnson, Executive Director.

The balf-day morning sessions will be held at tbe Commission's headquarters at 1170 Market, 6th Floor near San Francisco's Civic Center. For more information call 415/252-2570.

This fall the Commission has a full schedule of events reflecting the priority issues.

Domestic Violence

The commission is a co-sponsor with the San Francisco Domestic Violence Consortium of a public awareness campaign to focus community action against domestic violence. The program, underwritten by Liz Claiborne, Inc., will be launched at Union Square at **noon on September 10.**

The San Francisco Commission on the Status of Women administers $800,000 in funds to agencies which aid battered women. Last year, the Commission was instrumental in the Charan Investigation regarding Veena Charan's death due to domestic violence. The Commission published a report with recommendations to City agencies and others to promote timely and meaningful intervention to prevent such tragedies from happening again.

To heighten awareness further about domestic violence, the Commission will present an exhibit at City Hall.

"Mayor Jordan will join the Commission in making the public more aware of domestic violence as a public health and public safety issue through the exhibit," says Executive Director Sharon Johnson.

The Mayor acting in concert with the Board of Supervisors and the Department of Public Health awarded the Commission an additional $300,000 for domestic violence shelters this fiscal year. "Despite drastic budget cuts across the board, this increase for shelters reflects the seriousness of the issue and the priority the City of San Francisco is placing on aiding battered women," explains Johnson.

Six New Appointees

Caryl Ito was elected chair of the Commission at its first meeting August 27. Ito was reappointed by Mayor Jordan after three years previous service. A social worker for 17 years, she currently works in the educational toy market.

Rosa Rivera, elected vice-chair, is chef and owner of El Nuevo Frutilandia Cafe in the Mission District and president of the 24th Street Merchants Assn.

Barbara M. Cameron is a community advocate dedicated to eradicating violence against women. Her community work includes co-chair of Lesbian/Gay Freedom Day Committee and oral historian of Native American workshop.

Patricia W. Chang is former director of Trusts & Bequests at Children's Hospital Foundation in Oakland. She has worked extensively with refugee transitions and is involved with The Working Group on Violence Against Asian Women.

Louette Colombano has an extensive career in public service; 10 years as a San Francisco police officer. She has been an assistant to the Commission and works with the National Center for Lesbian Rights and Equal Rights Advocates.

Patricia C. Sullivan Ed. D. is a licensed psychologist and currently works as a vocational consultant.

Gwendolyn L. Tillman is Center director for YMCA's Western Addition Center. She has extensive experience with child care issues and management. She is a member of the Afro-Asian Roundtable.

The Commission meets the fourth Thursday of every month at 4 p.m. at its headquarters at 1170 Market Street, 6th Floor. For more information call 415/252-2570.

On October 14, the Commission will direct its attention to the issues affecting incarcerated women and girls. The one-day conference "Our Day in the Sun" is a follow-up to the successful meeting the Commission hosted last spring.

"The conference will focus on the problems young women confront in trying to avoid conflict with the law and the issues incarcerated women face. We will also develop a legislative advocacy strategy and action plan for advocating changes within the cnminal justice system for young women," announced Johnson. **The public is invited to all events.**

"The Commission works with City and County departments to ensure that women are treated fairly and have access to all jobs including nontraditional blue collar, police, fire as well as top management posts. Our goal is to make the City a model for the private sector in preventing discrimination and sexual harassment in the workplace," said Johnson.

For more information call 415/252-2570.

GAMES RIDES FACEPAINTING WITCHES COSTUMES FOOD

FIRST SAN FRANCISCO CHILDREN'S CENTER

HALLOWEEN CARNIVAL
OCTOBER 31, 1992
120 Lathrop Ave. SF

from 10:00 a.m.

5:00 p.m.

(415)468-4055

Advance Planning Key to Reducing Stress

Mayflower Gives Tips For Moving With Tykes

A move can be very frightening to children," said John Weissert, vice president of customer service. Mayflower offers a special kit for children to help them cope with a move. The kit, titled "My Move," is available to parents through local Mayflower agents.

"A move can be very frightening to children," said John Weissert, vice president of customer service. Mayflower offers a special kit for children to help them cope with a move. The kit, titled "My Move," is available to parents through local Mayflower agents.

"The home is a special source of security and comfort for children and when they perceive they are losing everything that is familiar to them -- the home, the neighborhood and local friends -- children experience anxiety," Weissert added. He says that the two most important things to consider when moving children are maintaining a positive attitude about the move so children will also be excited and optimistic, and keeping the whole family informed about what's happening with all aspects of the move so children are less likely to fear the unknown factors involved.

Parents who are moving with kids might consider these simple tips from Weissert and Mayflower to help prepare their children for what lies ahead:

- Be sensitive to your child's own personality. Treat him or her as an individual. Knowing how your child typically reacts to difficult situations will help you prepare for how he or she may respond to the moving process.

- Be sure your child understands that the move is a positive event for the whole family.

- Break the news to everyone in the family together. Briefly explain why the move is taking place. Focus on the "when," "where," "how," and "why" of the moving process.

- Allow the children an opportunity to spend time with their friends before the move to say goodbye. Consider a going-away party and encourage exchanging addresses, phone numbers and even photos. Perhaps give your child an address book to help collect the information.

- Make the children part of the moving process:

* Introduce the children to the van operator as soon as he arrives to the home. Let them know he is here to help the family.

* Give the children a job for the move and let them know you are depending on them to "do their part." Perhaps tell the children they can help by handling packing of their "special" belongings.

* Let the children label their own boxes and decide which important personal items to take with them in the car.

- If possible, have the children see their new home and neighborhood in advance. That helps take the mystery out of the move ahead. Introduce your children to other children in the new neighborhood, reassuring them they will have new friends after the move. (If this is not possible, learn about other children in the neighborhood and report back).

- Ask your children to help you plan the route the family will take to travel to the new home. Sit down with the kids and a road map or atlas and together choose the best way to travel. Let the kids study the route so they can become familiar with where the family is headed and can later help the family navigate to the new home.

- Once you have arrived at the new address, ask your children to pick their favorite restaurant or type of food so the family can go "celebrate" their help in making the move successful.

Being sensitive to your children's apprehensions about moving and taking some simple steps to ease their fears will make more enjoyable and less stressful for everyone in the family!

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San Francisco 94134

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...to let the Mayor's Office know
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for making your life better
as a resident of
VISITACION VALLEY.

DON'T MISS this great opportunity
to be heard by
the man the Mayor listens to !!

JOHN GRUENSTEIN

Director of Economic Analysis & Information
Mayor's Office of Economic Planning & Development

OCTOBER 13, 1992
6:00 TO 8:00 p.m.
50 RAYMOND AVENUE
GYMNASIUM

Visitacion Valley Community Center *(415) 467-6400*

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SAN FRANCISCO

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敬啓者：關于
台端受到欺騙事，茲特附上中英對照報案表格乙份，祈詳細
填答所列各條，並附證件之影本，以便寄回（請留存證件之原本）
報案表格一經檢閱後，本機構將派員與双方連絡，或轉交
与其他適當機關處理。所派工作人員皆係不受薪奉法律
科見習生。其中亦有中國籍及西班牙籍，該等工作人員皆
由檢事官及調查官訓練，調停手續，不拘儀式，不經法庭。
如案件必需巡法解決，而不需鉅大訴訟費用，該案可向小額
訴訟法庭提出。
近因本機構每月接納辦理之事項已增加至四百餘件，
閣下所提出之案，可能稍遲答覆。本機構當盡力迅速推行。
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The Rev. Dr. Jerry O. Resus, Minister

Church School Classes - 9:15 a.m.
Sunday Worship Service - 10:30 a.m.
Wednesday Bible Study - 11:00 a.m.
Friday Cottage Bible Fellowship - 7:30 p.m.
Saturday Choir Rehearsal - 10:00 a.m.

YOU are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

COME TO CHURCH THIS WEEK.

Need to make repairs on your home?
Housing Conservation and Development Corporation (HCDC) is accepting applications for the city's Community Housing Rehabilitation Program (CHRP).
Qualified homeowners may receive a 3% simple interest, 10 year deferred loan to correct roofing, plumbing, electrical, pest control, and other code related problems. Elderly and disabled homeowners can request the loan be deferred until sale or transfer of property.
If you think this program may benefit you, call for further information at (415) 5868000.

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Sat. 10 a.m. to 3 p.m.

WHAT'S DOING IN THE PARKS

Saturday, October 3

7:30 a.m. - 6 p.m. -- "Walktoberfest", a benefit for the American Diabetes Assn., registration at 7:30, walkathon begins at 9:30. Marx Meadow in Golden Gate Park to Mountain Lake Park, El Camino del Mar and return to Marx Meadow, all walkers invited to post walk party, for information call Stephanie McKown, S. F. Chapter at 777-4499.

10 a.m. - Noon -- "Fall Pruning in the Garden" workshop. Pruning demonstration of a wide variety of plants. Bring samples of plants from your own gardens, questions, and a pair of hand pruners. $8 fee, S. F. County Fair Bldg. and Arboretum, 9th Avenue and Lincoln Way, Golden Gate Park, for information call Strybing Arboretum Society at 661-0668.

10 a.m. - 2 p.m. -- Drawing Introduction Workshop, ages 15 and up. $15/person, materials fee: $3. Students of all levels welcome. Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call 554-9600.

10:30 - Noon -- Masks of the World Workshop, all ages, under 8 with an adult, $13/person. Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call Tuesday - Saturday, at 554-9600.

11 a.m. - 6 p.m. -- Events West's "Country in the City Concert", with KSAN Country Radio. Event consists of five acts per day, featuring western themed food and beverages. Sharon Meadow, Golden Gate Park, for fees and other information call 383-WEST.

1 p.m. -- Preliminary Round of NFL Punt, Pass & Kick Competition, ages 8 - 13, hosted by S. F. Rec/Park Dept., St. Mary's Recreation Center, Murray St. and Justin Dr., for information call Kezar Pavilion Atbletic Offices at 753-7028.

1 p.m. -- Young Performers Theatre - Peter Pan. As Peter says, "Wendy, come fly with me." J. M. Barrie's favorite with the Darling family, Peter Pan, Tinkerbelle, and of course Captain Hook and Mr. Crocodile. Tickets $5 for children 2 through 12, $7 for 13 years and older. Young Performers Theatre, Building C, Fort Mason Center. Call 346-5550 for information. (Also playing Sunday, October 4th at 1:00 p.m. and 3:00 p.m.)

1 p.m. -- Build a Clay Box with Dennis Treanor, sign ups begin at 12:30, all ages welcome, children under 8 with an adult, $3/person, Randall Museum, 199 Museum Way, for information call 554-9600.

1:30 p.m. -- Around the World of Plants in 80 Minutes, free guided walk, Strybing Arboretum and Botanical Garden, 9th Avenue & Lincoln Way, Golden Gate Park, for information call 666-0668.

10 a.m. - 4 p.m. -- Art Show, Saturday and Sunday, S. F. Society of Fine Arts, Washington Square, Columbus and Union St.

10 a.m. - 4 p.m. -- Art Show, Saturday and Sunday, Artist's Guild of San Francisco, Hoover Redwood Tree, 19th Ave. & King Dr., Golden Gate Park.

Sunday, October 4

7 - 9 a.m. -- 16th Annual Bridge to Bridge run, sponsored by KNBR-68 Radio and City Sports Magazine. Registration and staging area at Justin Herman Plaza; finish line and entertainment at Large Marina Green, from 10 a.m. - 2 p.m., for furtber information call KNBR-68 at 995-6868.

7 - 11 a.m. -- Alamo Alumni Run, Polo Field and west end of Golden Gate Park, race begins at 9 a.m. at Polo Field, to benefit Pamakid Running Club, for information call RhodyCo Productions at 668-2243.

11 a.m. - 6 p.m. -- "Country in the City Concert" 2nd day. Event consists of five acts per day, featuring western themed food and beverages, Sharon Meadow, Golden Gate Park, for fees and other information call 383-WEST.

1 p.m. -- The Flying Steel Pan. A look at the history, music and development of tbe steel pan of Trinidad, West Indies, music workshop, free with admission, McBean Theatre, Exploratorium, 3601 Lyon St., for information call 563

Monday, October 5

4 - 5:30 p.m. -- Ceramics Handbuilding, ages 8 - 11, fee $20 (Instructor Patti Mckay). Make several projects and explore variety of handbuilding methods, Sharon Art Studio, Golden Gate Park, for information call 753-7006 or 753-7004.

Tuesday, October 6

Noon - 1:30 p.m. -- Embarcadero Center's Summer Music Program, free, Justin Herman Plaza, Embarcadero and Clay Sts., for information call 772-0550.

4 - 5:30 p.m. -- Ceramics Handbuilding, ages 8 - 11, fee $20 (Instructor Kitty McInerney). Make several projects and explore variety of handbuilding methods, Sharon Art Studio, Golden Gate Park, for information call 753-7006 or 753-7004.

7 - 9:30 p.m. -- Print Making Techniques. Class designed to acquaint students with archival print matting/mounting techniques, students must supply their own matte and mount boards, Photo Center, 50 Scott St., for information call Tues. - Thu. 3 - 10 p.m., Fri./Sat. 11 a.m. - 5 p.m.

Wednesday, October 7

1 - 4 p.m. -- Free Croquet Instruction for Seniors. Set-up, equipment and instruction provided by S. F. Croquet Club. Flat shoes required, comfortable clothes recommended, reservations not needed for individuals, groups must call to reserve space, 19th Ave. and Wawona St. at Stern Grove, for information call 776-4104.

Thursday, October 8

4 - 5:30 p.m. - Teen Jewelry Class (October 8 - December 3), ages 12 - 15, learn to create your own unique jewelry design, enameling and copper will also be explored, $30/person. Sharon Art Studio, Golden Gate Park, for information call 753-7006.

Friday, October 9

7 - 9 p.m. -- Things That Go Bump In The Night. You never know what may be lurking in the shadows! The mysteries of the dark will be explained through good legends and bad jokes as you stroll through Tennessee Valley. For ages 10 and up. Meet Ranger Warren White at the Tennessee Valley Parking lot, Marin Headlands, golden Gate National Recreation Area. Reservations required: call 331-1540. (wheelchair accessable)

Noon - 1:30 p.m. -- Embarcadero Center's Summer Music Program, free, Justin Herman Plaza, Embarcadero and Clay Streets, for information call 772-0550.

Saturday, October 10

Tops and Yo-Yos with Hilary Barber. Make your own toys and learn how the laws of pbysics play into traditional spinning toys like tops and yo-yos. $3/person. The Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call 554-9600.

Sunday, October 11

1 p.m. - 4 p.m. -- Become a Junior Ranger! Join the ranger and volunteers for an informative afternoon discovering the hidden mysteries of our natural world. Families and organized groups welcomed. The program is aimed at third through sixth graders. Limited to 60 children. Meet tbe ranger at tbe Battery Chamberlin Gate, Baker Beach, Golden Gate National Recreation Area. Reservations required; call 556-8371.

MUIR WOODS: A Harvest Celebration! Make a redwood bark doll, listen to a storyteller, learn how acorns are ground into flour, and more. The fun activities and traditional crafts are all a part of a celebration on the day of the harvest moon. For a full listing of the day's activities, call 388-2596.

4TH ANNUAL POTRERO HILL FESTIVAL SET FOR OCTOBER 17

Potrero Hill celebrates its creative and ethnic diversity at the fourth annual POTRERO HILL FESTIVAL, on Saturday, October 17, 10:00 AM until 5:00 PM, with a stellar line-up of performers, face-painting and kids portraits, handmade crafts, homemade food, and a motorized cable car tour of Potrero Hill. The Festival is sponsored by the Potrero Hill Neighborhood House, a nonprofit community center, and the San Francisco Arts Commission, with additional support from Esprit and the May and Stanley Smith Trust Foundation. Admission to the Festival (including the musical entertainment) is free of charge; food, beverages, crafts, and commemorative posters by Festival artist Michael Rios will be for sale. For further information, call Ruth Passen at 415 826-8080.

Friday, October 16

7:30 p.m. - 9 p.m. OCEAN BEACH: Beach Party Campfire. Join the Ranger for a 1-1/2 hour program to enjoy the beach, the waves and the night. Bring warm sweaters and marshmallows. Meet at Lincoln Way & the Great Highway. Call 556-8642.

Saturday, October 17

Papered Egg Ornaments with Mia Kodani. Use colorful papers to make paper covered egg ornaments for the upcoming holidays. $4/person. The Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call 554-9600.

FORT MASON: SS Jeremiah O'Brien Open Ship Weekend. The 441-foot World War II cargo ship revs up its giant steam engine for a monthly open house. The ship's galley will be open and souvenirs will be on sale at the ship's Slop Chest store. 9:00 a.m. to 4:00 p.m., Pier Three, Lower Fort Mason. $3 adults, $1 seniors and children, and $6 family. For information, call 441-3101.

SLIDE RANCH: Family Farm Day. Fall is a bountiful time at Slide Ranch. Come milk a goat, spin wool from sheep, bear the cackle of a hen laying an egg, and feed the soil that feeds you. Wear layered clothing and bring a picnic lunch. 10 a.m. to 3 p.m. Meet at the parking lot, two miles past Muir Beach on Highway One. $12 per person, children under two free. Reservations required: call 381-6155.

Saturday, October 24

Scarecrow Making with Kemit. Pick out clothing from our old clothes bin and stuff, sew, cut and collage your very own personal and particular scarecrow. Make one as a family project or make your own. $4/person. The Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call 554-9600.

BAY AREA DISCOVERY MUSEUM: Goblin Jamboree. Come dressed in costume and enjoy pony rides, trick-or-treating, the haunted house and more thrills than you can imagine. 10 a.m. to 4 p.m. East Fort Baker, Golden Gate National Recreation Area. $5/adults, $3/children, $4 students & seniors, free under 2. For information call 332-7674.

Pier Crabbing: Learn about equipment, bait, regulations and other important aspects of crabbing in the Bay. 11:00 a.m. to 1:00 p.m. Meet the park ranger at the Fort Point Fishing Pier, Golden Gate Natioal Recreation Area. Reservations required: call 556-0865.

Sunday, October 25

BAY AREA DISCOVERY MUSEUM: Goblin Jamboree. Come dressed in costume and enjoy pony rides, trick-or-treating, the haunted house and more thrills than you can imagine. 10 a.m. to 4 p.m. East Fort Baker, Golden Gate National Recreation Area. $5/adults, $3/children, $4 students & seniors, free under 2. For information call 332-7674.

Saturday, October 31

Pumpkin Carving Workshop

Join us for pumpkin carving and other special Halloween Activities. $2/person. The Randall Museum, 199 Museum Way off Roosevelt Way on Corona Heights, for information call 554-9600.

SLIDE RANCH: Family Farm Day. Fall is a bountiful time at Slide Ranch. Come milk a goat, spin wool from sheep, hear tbe cackle of a hen laying an egg, and feed the soil that feeds you. Wear layered clothing and bring a picnic lunch. 10 a.m. to 3 p.m. Meet at the parking lot, two miles past Muir Beach on Highway One. $12 per person, children under two free. Reservations required; call 381-6155.

Reading, Writing, and Getting To Know Your Heart

American Heart Association's schoolsite kits, plus volunteer involvement and teacher participation equals heart health for students of all ages. Designed to complement existing curricula, AHA's schoolsite program helps students learn how their hearts work, and how to keep them functioning well by eating properly, exercising regularly, staying tobacco-free and making other healthy lifestyle choices.

But why focus attention on cardiovascular diseases with a group too young to experience heart attacks and strokes? Coyness Ennix, M.D., president of the American Heart Association, California Affiliate answers, "Although cardiovascular risk increases with age, studies show that heart disease has its beginnings very early in life. In fact, up to 40 percent of American children over five years of age already exhibit at least one risk factor for heart disease. However, with the right information, provided as early as possible, students can begin creating heart-healthy attitudes and behaviors that will follow them to adulthood."

More than 23,000 California teachers are currently using the AHA kits, provided free of charge to schools. As a result, 750,000 students participated in comprehensive heart-health lessons last school year.

The American Heart Association schoolsite programs are packaged by grade levels into kits that motivate, educate, and entertain. The "Heart Treasure Chest" is designed for preschool and kindergarten children. It presents basic health concepts:

how the heart works and how to care for young hearts through physical activity and rest. It also introduces nutritious foods through "hands-on" lessons. For the elementary grades, "Getting to Know Your Heart" modules contain more detailed information about heart anatomy, as well as lessons on food, fun and fitness, and smoking and your body. "Heart Decisions," for middle school students, contains four modules, including avoiding the risk factors for heart disease, and what to do in various cardiovascular emergencies.

In addition, the "Jump Rope For Heart" program is offered for students of all ages. It combines instruction on cardiovascular fitness with fun, pride, and school recognition, as jumpers participate in teams to raise funds for AHA's research and education programs.

Each schoolsite kit offers a variety of lesson activities, as outlined in detailed teacher's guides and enhanced by repro masters, audiotapes, videotapes, colorful posters and games. "Our schoolsite materials are thoroughly researched and tested. Each year in California we contact a sampling of teachers to get their feedback on the program and ensure that it continues to meet the needs of both teachers and students," said Ennix. "Reaching school children with heart-health lessons is vital so they can establish healthy lifestyle habits that will be with them throughout their lives."

Key to the success of AHA's schoolsite programs are the volunteers who introduce new teachers to the use of the materials, and the corporations and foundations who help underwrite the cost of the kits. For more information about AHA schoolsite materials, or how you can get involved in this AHA program, contact your local office of the American Heart Association, listed in the white pages.

你的小孩是否遭到鉛中毒的痛苦？

舊金山地區可能有許多小孩遭到鉛中毒的痛苦，尤其那些住在舊老的房屋或公寓的小孩們。

什麼是鉛中毒？它對你的小孩們會發生什麼？

鉛中毒就是小孩們身體內感染到鉛的成份。即使一些些的鉛成份，也會影響到孩子們的成長，降低他們許多不同的能力，例如學習、聽、閱讀、思考、注意力及行爲，有時候鉛中毒所造成的傷害是無法醫治的。因此年輕小孩們要接受定期的有無鉛中毒檢驗。

孩童們是如何遭到鉛中毒的？

孩童們住在一九六〇年以前所建造的房屋或公寓都有遭到鉛中毒的危險，因爲這些所建造的房屋室內和室外所用的油漆都含有大量的鉛份。有一些房屋在一九六〇至一九七八年之間的，其油漆所含的鉛份也可造成孩子們的鉛中毒病害。年紀小的孩子們住在這類房屋裏，有時會吃到碎漆片。他們會呼吸到鉛份，也會在地上撿到或染到灰塵然後又放進自己的嘴裏去。

孩童們從飲水裏也會得到鉛中毒、餐具、強力膠、畫漆、錫罐裏的食物以及家庭用品（如阿塞隆－AZARLON，葛雷塔－GRETA，培隆哈－PAY-LOOAH，或阿苟河－ALKOHL），家長們工作地方如有鉛份，也會從身體上無意的帶回家。其他如曾經使用過鉛的破舊工廠，還有一些街道和商業地區通常使用鉛質品。

你如何會知道你的孩子們有鉛中毒？

鉛中毒的小孩通常看不出有什麼病狀。很多症狀容易被誤爲受了風寒或是流行性感冒，像胃痛、疲勞、頭痛，以及睡眠不足。唯一可以確知眞正的原因，最好就是抽血檢驗。

所有住在舊金山地區的孩童在六歲以前都應該定期的抽血檢驗。超過六歲的也應該抽血檢驗，看看他們有沒有在六歲前曾感染到過鉛中毒。

如何給你孩子們抽血檢驗？

政府提供既免費又簡單的孩童抽血檢驗給許多家庭。大部分低收入和中等家庭的孩子們可以在市政府的一項兒童健康以及殘障預防計劃中心裏登記。在該項計劃下，你的孩子會定期的由醫生來檢驗。這項檢驗就包含有鉛中毒的測驗。

想知道自己夠不夠資格報名參加該計劃，以及什麼地方給予該項檢驗及檢查有無鉛中毒，可打以下的電話（有不同語言）：661-4400（中文）；398-0790（東南亞）；或558-2403（英語／西班牙語）。

如何保護你的孩童？

第一步是不要讓他們接近有鉛的地方。開始先查明你的房屋是那一年建造的。如果是一九七八年以前建造的，問一下你的房東，其所用油漆和地段是否含有鉛份。如果你房東不知道，或該房屋是你自己的，那麼你就打電話給SUE CONE：554-2780保健部門查詢有關檢驗油漆，房屋地土質及用水等的資料。

如果你家有帶鉛漆怎麼辦？

要想把帶鉛漆消除還不太容易。在帶鉛漆上加一層漆並不能解決問題，千萬不要自己試圖將帶鉛漆消除。可能需要特種機器才能做得好。如果你自己做，你可能危害到許多人的健康。

如果帶鉛漆的危險不能立刻消除，有幾種方法可以保護你的小孩。讓屋子裏保持絕對的乾淨沒有一點灰塵。將一些如窗台等地方用東西蓋起來。另外不要讓小孩將手放進嘴裏去，並保持手的清潔。

當技術工人來消除帶鉛漆時，要確定該工人知道如何保護你全家人不會染到鉛份。每個人一定要遠離工人做事的地方，尤其是小孩和孕婦。全家人也許要離開房子一直到工作做完爲止。

簡單步驟可以保護家人感染到其他外來的鉛份。除油漆外，還有其他含鉛的東西，有一些簡單步驟可以讓你減低家人感染的危險。

在小孩和孕婦早晨用水時，先讓水龍頭流幾分鐘不要用它。用冷水而不要用熱水。叫孩子們不要接近曾經用過鉛的老舊工業區，以及現在的用鉛商業區。（保健部門也許可以幫助你指出那一些商業地區目前是有用鉛的。）叫孩子們遠離繁忙街道和汽車排氣管。如果你自己工作和鉛有關，在回家之前，先沖洗一個澡，並將工作衣留下來不要帶回家。

如果你知道你的孩子們有鉛中毒，希望你告訴我們。假如你和你工作的團體能幫助我們防止孩童免於鉛中毒，請你打電話給消費者行動：777-9635早上十時到下午三時。告訴我們你需要什麼，並留下你的姓名和電話號碼。

請幫助我們支付這份及其他刊物來對付鉛中毒的兒童問題，任何大小的數目捐給消費者行動：「鉛中毒防止小組」，都可以在所得稅裏扣除。我們將感謝任何捐贈的數目。

鉛中毒防止小組
COALITION TO PREVENT LEAD POISONING

消費者行動
116 New Montgomery Street, Suite 233
San Francisco, CA 94105
(415) 777-9648

UCSF's Kidney Transplants Represent Accomplishment

The kidney transplant Martin Laska received recently at UC San Francisco means a new life for him and marks a history of achievement for the UCSF Kidney Transplant Service. The 51-year-old Mountain View man's surgery was the 4,000th kidney kidney transplant performed at UCSF.

On the same day, the UCSF transplant team took the first step into a future of great promise for transplantation when Julie Velasco, 69, of San Francisco, became the 4,001st kidney recipient at UCSF.

UCSF is the first transplant center to reach the landmark of 4,000 kidney transplants. The program now averages more than 250 kidney transplant surgeries a year.

"This is an important milestone for kidney transplantation at UCSF, which already has set the standard for this surgery in the world," said Nancy Ascher, MD, PhD, UCSF professor of surgery and chief of the Kidney Transplant Service.

The 4,000th and 4,001st kidney transplants were performed June 17. Peter Bretan, MD, UCSF associate professor of surgery and urology, led the surgical team that performed both procedures.

Laska, an industrial mechanic, was diagnosed with kidney damage three years ago and started on dialysis 10 months ago. Just a month before his transplant, he went on the waiting list for a donor organ.

Velasco, a retired social worker, was diagnosed with diabetes 21 years ago, which resulted in the kidney damage that led to her transplant. In January, she went on the transplant waiting list.

Velasco plans to return to her home in the Visitation Valley neighborhood of San Francisco and hopes to start working part-time.

Established in 1964, the UCSF Kidney Transplant Service pioneered kidney transplantation in Northern California at a time when organ transplants were new and successes were few. Pioneering work at UCSF has helped transform kidney transplantation into a routine medical procedure.

Today, the two-year survival rate of a kidney transplanted at UCSF is greater than 90 percent when the organ comes from a living-related donor and 80 percent when from a cadaver donor. Patient survival rates exceed 95 percent.

Transplant innovations developed by UCSF researchers include the following:

*Blood transfusions prior to surgery. UCSF researchers were first to report study results that showed giving the kidney transplant recipient a series of three blood transfusions from the organ donor before surgery could dramatically decreases chances of organ rejection.

*Limits on immunosuppressive therapy. UCSF investigators were the first to report improvement in patient survival by placing limits on the amount of immunosuppressive medication, which is prescribed to suppress the body's natural immune response. UCSF currently is one of a handful of transplant centers using the new anti-rejection drugs FK-506 and RS61443 in clinical trials.

*Preservation of cadaver kidneys. UCSF transplant specialists developed a system – now used at centers throughout the world -- for preserving cadaver kidneys for up to 72 hours, though most are transplanted within 48 hours. The system involves placing the cadaver kidneys in portable preservation equipment where temperatures can be carefully controlled and kidneys kept viable through continuous pumping with an albumin-based solution, oxygen, and carbon dioxide.

*Detecting organ rejection. Extensive studies by the UCSF Immunogenetics and Transplantation Laboratory enabled UCSF to be first to conduct extremely sensitive tests for the presence of antibodies that indicae organ rejection by using a technique known as flow cytometry.

*Transplant rehabilitation. UCSF is the only major transplant center with a full-time transplant rehabilitation coordinator. Kidney transplant recipients begin a stretching and exercise program within days of their surgery and continue vigorous physical programs under the guidance of the rehabilitation specialist after returning home.

Other organ transplant programs at UCSF are liver, heart, kidney-pancreas, and lung. Tissue transplant programs at UCSF include bone and tendon, bone marrow, cornea, and middle ear tissue.

YOUNG PEOPLE SPEAK THEIR MINDS ABOUT BUDGET CUTS

YOUTH SPEAKOUT to be held Saturday, October 24, 1992 at Horace Mann Middle School, Valencia & 23rd Streets

The Youth Speakout will give young people an opportunity to speak their minds about the devestating budget cuts in education, health care, welfare and other public services. Young people are those hit the hardest by these cuts.

TOTALLY COOL VINE

Big Boy (Charles Hunter) positioning himself to score.

HEY KIDS!

Learn the newspaper business from the bottom up.

Be a

- REPORTER!
- PHOTOGRAPHER!
- ARTIST!
- EDITOR!

Become a member of the Editorial Committee of the TOTALLY COOL VINE youth supplement. Write stories, cover neighborhood and school events, draw cartoons, design advertising, take and develop photos, learn the business end of the newspaper business.

COME TO THE NEXT MEETINGS SATURDAY, OCTOBER 3, AND SATURDAY, OCTOBER 10, 1992 AT 10 AM AT 50 RAYMOND AVE., 2ND FLOOR BALLROOM. BRING SAMPLES OF WRITING, ARTWORK OR PHOTOS.

Become a part of the new by and for the youth paper, the TOTALLY COOL VINE!!!

Andre Banks strategizing to score BIG...

Photos: Shirletha Boxx

VIS VALLEY MIDNIGHT BASKETBALL IS HOT

by Shirletha Holmes-Boxx

All through the month of September the Gang Prevention Program sponsored the Midnight Basket Ball League. The Midnight Basketball League is a unique comprehensive program focusing on the prevention of risky behavior in African American Young Adult Males. Specifically, through organized athletic activities, educational and employment workshop classes coupled with ancillary services, the program seeks to: A) Minimize crime in the targeted communities, namely Sunnydale, OMI, Bayview-Hunter's Point and Western Addition; B) Secure suitable employment for participants enabling them to achieve self-actualization in employment; C) Teach community responsiblity; D) Enrich the cultural and moral life of participants; E) Redirect energies toward positive social goals; F) Provide the opportunity for participants to enrich their lives by adding to their knowledge, appreciation, and understanding pursuant to their history, culture and heritage; G) Development of an afrocentric value base for each participant.

The program consist of organized Basketball League - games scheduled between 10pm and 2:00 am. Worshops for GED preparation, Employment preparation, AIDS education, Information and referral, Employment development and placements and mentorships.

This comprehensive program also includes Afrocentricity seminars - focusing on afrocentric principles and codes for afrocentric behavior and conduct.

The championship games will be held at Kezar Stadium on October 6 & 8. Thomas Mayfield, Program Director of the Mayor's Gang Prevention will be hosting a cable car ride with participants of the league and they will be touring the respective communities to celebrate the success of the program. The Visitacion Valley gang prevention staff is to be commended for a job well done. A special commendation to Bill Shannon and Kim Mitchell who were the coordinators of the league for Sunnydale with the support of Ella Hill Hutch Community Center.

The cable car ride will be on October 2, 1992. For more information on the league you may telephone 467-6400.

Why I would like to take part in the GRAPEVINE after school program:

9-26-92

By Conchita Beronilla

I Like to be in the part of grapevine after school program because I like to do arts and read and learn and do many thing so I take the part.

By Marina Ngo

Why would I like to take part in the grapevine after school promgram? Because I want to be in the newspaper. I also want my family to be proud of me. I want to be in the president of newspaper because you can look at the newspaper and do a newspaper. I want to be the editor because the editor write about true storys that sometimes happen and also listenly to people to what they say.

I like to report some bad things happen in this world. I also want to make puzzles and calenders that kids like.

By Marina Ngo

"Grandma, look at my new Kitten!" I choses this little girl because the picture looks very beautiful then the other pictures that I saw. Her name is Elizabeth.

CANS

You may dispose of small amounts of the items listed below with household garbage.

Containers that are 5 gallons or less with no continuous flow of liquid can be disposed of in the trash, as well as larger containers that are empty and dried.

Ceramic glazes (fire in kiln first)

Nail polish, if completely dried

Paints, if completely dried

Shoe polish, if completely dried

CAN'TS

Take the items listed below to the Household Hazardous Waste Collection Facility. Do not pour into sinks, drains, or street catch basins.

HOUSEHOLD ITEMS

Cleaning Supplies

Dry cleaning solvent
Furniture and floor polish
Household cleansers
Metal polish
Moth balls and flakes
Rug cleaners
Spot removers

Other

Aerosol cans
Butane lighters
Chemotherapy drugs
Flea powder
Lighter fluid
Mercury from a broken thermometer
Pet shampoo
Shampoo for lice
Shoe dye and polish

GARAGE, WORKSHOP ITEMS

Automotive Supplies

Antifreeze
Automotive cleaner
Auto body filler
Automatic transmission fluid
Brake fluid
Carburetor cleaner
Car wax
Chrome polish
Diesel fuel
Engine degreaser
Gasoline
Kerosene or lamp oil
Lubricating oil
Motor oil, used

Garden Supplies

Fungicides
Herbicides
Insecticides
Rat, mouse and gopher poison
Soil fumigants
Snail and slug poison
Vegetation killer
Weed killer

Painting Supplies

Acrylic paint
Latex-based paint
Model airplane paint
Oil-based paint
Paint stripper
Paint thinner, turpentine, mineral spirits

Other

Artist's mediums, thinners, fixatives
Asbestos
Chemistry sets
Fluorescent lamp ballasts (PCBs)
Glues and cements
Needles and syringes
Photographic chemicals solutions
Resins, fiberglass, and epoxy
Rubber cement thinner
Wood preservatives

San Francisco Household Hazardous Waste Program 554-4333

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Cantonese spoken

Ciao Pinin

By Joseph Porter

A listener be

Each day spent abroad is an open window exposing new surprises, for whatever you see you have never seen before. Strange surroundings serve as a stimulant to a perceptive and inquisitive mind.

Of my travels, I am partial to recalling only the most salient and outstanding events, such as the time I was robbed, or arrested, or shot at and missed by a jealous husband, or the time I was confronted by a full-grown Bengal tiger, a bare six feet away from me, snarling and baring its fangs in gustatory anticipation. I felt hypnotized, unable to move, until a tap on my shoulder told me it was time to leave. The zoo was closing.

Those are events I am apt to bore my friends with, complete with all the gory details. Yet, most of the days spent abroad are quiet and uneventful, although they never need be boring.

You meet people of different cultures and differing values.

Their thinking might not agree with yours, yet you become a better person by just observing and listening.

I recall a pleasant day spent on the peruvian altiplano, surrounded by Andean peaks towering above twenty thousand feet. Cuzo was my headquarters, and I planned to spend the day at the famous ruins of Macchu-Picchu, the last stronghold of the vanishing Incas.

The train left Cuzco at seven in the morning for a four-hour breathtaking ride. Upon leaving the station, the train faced the impossible task of climbing a perpendicular wall in order to reach the summit. From there, the going would be easier.

Man's ingenuity has been known to conquer all obstacles. Our ride was a spectacular has been known to conquer all obstacles. Our ride was a spectacular one. The train had two engines, one in the front and the second one in rear, facing opposite directions.

The first locomotive headed north on a slight incline for a few miles, then it stopped on an extension of its rails, switched to a new track and went backwards and upwards, pulled by the second engine. Again, it stopped and repeated the same procedure, zigzagging back and forth until it reached the top.

We now had a few hours of slow descent, and were faced with a new spectacle. Our course paralleled the bed of the Urubamba river, the most turbulent, the most precipitous mass of rampant waters I had ever seen. from its source at twenty thousands feet, it tumbled downward for hundreds of miles to finally spew its muddy waters into the Amazon River at sea level. Along its course it carried a debris of huge boulders, which diverted the course of the water, arresting its tremendous speed with a display of gigantic foaming sprays, sparkling in the brilliant sunlight. It was an unending continuity of spectacular waterfalls.

I never saw a bridge crossing the Urubamba, but then, I was witness to a stranger sight.

I was sitting by the window, shooting the rapids with my movie camera, when I saw him. I quickly took aim and I captured him. It would be my prime shot. The man was suspended above the rapids, crossing the river hand over hand on a taut rope. Hell and damnation!

I did not know it then, but I shot him with a lensless camera - a photographer's nightmare!

The railroad station at Macchu-Picchu is small but modern.

Between it and the ruins, there is another steep mountain that must be climbed. That task is accomplished by a fleet of minibuses.

They wait at the station, take on a load of passengers and begin the slow ascent by a serpentine road, narrow and suitable only for one-way traffic. All buses that climb to the top must come back before the next load has access to the road. It takes forever but is unavoidable.

"Excuse me, Senor. Are you traveling alone?"

I turned around to face a young native girl.

"Why do you ask?"

"I Was supposed to meet a friend at the station, but she never showed up, and I do not like to feel free to amble as I please, and I hate to be hampered in any way."

"I won't be any trouble. I'll just follow wherever you go."

I couldn't stop her from doing that.

True to her word, she was quiet and unobtrusive and an excellent guide when needed. Of course, we shared my packed lunch.

I won't tell you about the wonders of Macchu Picchu, since you can look it up in any travel brochure. Instead I am going to introduce to you my newly-found young friend.

Sixteen years old and the daughter of the stationmaster at Cuzco, she was unmistakably a full-blooded Quechua, although she was neatly dressed in western clothes. Her name, which she told me, is beyond recall. The time came for us to go back Cuzco. She was still my unshakable shadow.

"Can I sit in the train with you?"

"If you wish."

During the long ride, we had time to talk and it was a revelation. We are apt to assume that all primitive people are stupid and feeble-minded. That might be true of the older people who never had the privilege of an education and never had any curiosity outside of their immediate surroundings. Given equal opportunities, all human beings the world over are born with the same brain capacity for development.

Our friend proved my point. She was extremely intelligent and surprisingly eloquent. She opened her heart to me. Her ambition was to see the world. She opened her heart to me. Her ambition was to see the world. She wanted me to tell her about Paris, London, Rome and, most surprising of all, Disneyland.

She was an avid reader with excellent grades in school.

She was striving for a profession that would take her abroad.

My Lord, I thought. A female Pinin!

Naturally I sympathized with her and encouraged her in all possible ways.

"Where are you going tomorrow?" She asked.

"To Posac, to see the Sunday market."

"I'll ask my father if I can go with you."

"Wait a minute, now. Your father might not like it and I might change my mind."

"I like to be with you."

I felt flattered but when we alighted at Cuzco, I managed to lose her in the crowd.

As I walked out of the station, I felt a tap on my shoulder.

"Excuse me, are you going to have dinner?"

A pleasant, friendly man, was addressing me.

"Yes." I said.

"May I join you?"

Not again, I just got rid of one.

On second thought, "Be my guest, " I answered.

It turned out be was a railroad man from Chicago, on vacation.

We sat down to eat and he talked, and he talked, and he talked some more and I listened.

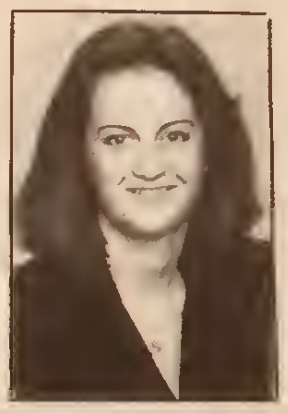
"I always wanted to see South Amercia," he began. "I left home a month and a half ago, and I have been on the move ever since. So far, it has been a rewarding trip but I have missed one thing above all else. I have never found anybody to talk to.

"Nobody down here speaks English. You are the first person I have met with whom I can communicate. I am by nature a talkative person... Did you ever spend a month and a half without talking?"

I let him talk and I listened. I liked the man. He was witty and humorous and never boring. Twelve o'clock came and he was still talking. Finally, the restaurant had to close and we were politely asked to leave.

My friend's hotel was a block away and there we parted.

This concludes my outline of a typcial day spent abroad, a pleasant day when nothing spectacular happened, thus proving my contention that a fertile imaginative mind can ve stimulated into productive activity by the most trival events.



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The Puzzler...

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PEOPLE
PENUTIAN
SEA SHELL POINT
SEVENTEEN
SEVENTY SEVEN
(1777 Vis Valley)
JACOB P. LEESE
(1839 land grant)
H. SCHEWERIN
(1850 land owner)
TRUCK
GARDENS
WINDMILLS
INDUSTRY
"THE BONE...
YARD (1890 Co.)
SIX MILE
HOUSE
FIRST...
SCHOOL (1896)
OUR
HISTORY

N	Y	F	I	R	S	T	U	R	O	R	U	N	C
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S	E	R	E	N	F	I	H	I	S	T	O	R	Y
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They Were San Franciscans

DOMENICO GHIRARDELLI

Perhaps the most famous name in West Coast chocolate got its start in a small town near Genoa, Italy when Domenico Ghirardelli was born on February 21, 1817. He learned his skills as a Genoa apprentice confectioner before marrying and travelling to South America in the late 1830s. Ghirardelli and his wife eventually settled in Lima, Peru, where they opened a confectionery adjacent to the woodwork factory of another soon-to-be prominent San Franciscan, James Lick.

When Lick ventured north to the Bay Area, his ship carried a large quantity of Ghirardelli's chocolate, which became quite a delicacy to the local citizenry. Lick wrote his former neighbor, coercing him to relocate to a growing town where prospects for commercial viability were encouraging.

Ghirardelli arrived in San Francisco on February 24, 1849, and in a matter of a few years prospered with business locations in both Stockton and the City. His family, who stayed behind to mind the business in Peru, eventually packed up and moved to California, eventually settling in an Oakland residence.

Production of ground chocolate began to dominate Ghirardelli's other mercantile endeavors during the early 1860s when new machinery was acquired, eventually growing from a modest annual output of several hundred pounds to become Ghirardelli and Sons, selling in the hundreds of thousands.

Although Ghirardelli had operated various businesses at several locations in San Francisco, the most famous was the site acquired by his sons after his 1892 retirement on the block bounded by North Point, Beach, Polk, and Larkin Sts., the present location of Ghirardelli Square.

Although its prosperous founder died while visiting abroad in 1894, Ghirardelli Chocolate continued to produce millions of pounds of chocolate annually from this factory until Golden Grain purchased the company in the mid-1960s, relocating operations to its current San Leandro site.

News Notes: Geneva Towers Resident Council

On July 9, 1992, Jim Brown, former professional football star, came to Geneva Towers to present his Amer-I-can program. Jim Brown is the president of this Los Angeles based project to prevent teens 16 and older from becoming involved in drug or gang activities. Geneva Towers Management staff, Geneva Towers Resident Council, and representatives from the S.F.P.D., local, city, state and federal agencies attended this meeting; newspaper reporters were also present.

Jim Brown gave an in-depth review of the program, its purposes, goals, etc.; and the skills and teachings utilized to achieve them. This program is operational in 14 prisons; the program is also in effect in Ohio, Nevada, Oregon and California.

The Geneva Towers Resident Council was a positive factor in the decision to have this program implemented at Geneva Towers.

On August 17, 1992, Jim Brown met with Geneva Towers Management staff, and all other personnel working here. The Resident Council was present at this meeting, and also John Stewart of the John Stewart Company, Management Agent for Geneva Towers. Three (3) members of the Amer-I-can program will be based here, in Geneva Towers, as of August 17, 1992. They will be net-working with the community to further inter-relations. This program will impact our whole community for the betterment of all.

BOOK REVIEW

The Old Town: Real Life in Early Frisco by Matthew Brady (Independent Books; 136 pages; $5.95)

Resident San Francisco Independent historian and one-time Grapevine writer Matthew Brady selected the most colorful of his weekly columns on City history for this interesting collection of sporting men, rouges, doddypoles, and uncommon lives, as so designated by the book's table of contents.

Here are the true tales of San Francisco's heros and crusties who made the town interesting, if not famous.

Brady's historical writings date back to columns about the San Francisco waterfront he wrote for the old Daily Shipping Guide, inspired by his endeavors in the Reference and Archives Room of the San Francisco Public Library.

THIS MONTH In San Francisco HISTORY

Oct.1: In 1858, the Daily Evening Telegram was established by W. H. Mantz and Co., publishing daily except Sunday, and charging its readers one bit (12-1/2 cents) per week. In 1964, the City's three remaining cable car lines were declared a national landmark.

Oct.2: In 1859, the cornerstone was laid for historic St. Francis Church on Vallejo St. in North Beach.

Oct. 5: In 1875, the new Palace Hotel on Market St. opened for the first time. In 1963, the Hyde Street Pier, once a major point of commuter embarkment on ferryboats to northern counties, was opened as a State Historical Park.

Oct. 6: In 1935, eight trackless trolleys built by the J. G. Brill Co. of Philadelphia were put into service on the 33 Golden Gate Park line of the Market Street Railway, the first of many electric busses in the City. In 1940, San Francisco's Zoological Gardens first opened.

Oct. 8: In 1855, the San Francisco Daily Evening Bulletin was established by C. O. Gerberding and Co., with James King of William as its editor. It was published daily except Sunday for 37 cents per week. King died seven months later in a famous duel with Sunday Times editor James Casey. In 1860, a new telegraph line was completed and opened between San Francisco and Los Angeles. In 1865, a jolting earthquake loosened bricks and broke cornices from City buildings. In 1933, Coit Tower, built at the peak of Telegraph Hill with funds bequeathed the City from the estate of fire enthusiast Lillie H. Coit was formally dedicated.

Oct. 9: In 1776, Mission Dolores was founded.

Oct. 12: In 1933, Alcatraz was converted from a military prison to a federal penitentiary. In 1963, the bottom deck of the Bay Bridge, formerly used for large trucks and the Key System trains, was reopened with five eastbound traffic lanes.

Oct. 15: In 1853, a telegraph line began transmitting messages between San Francisco and San Jose. In 1863, the San Francisco and San Jose Railroad began operation. Also that day, the very first Cliff House opened.

Oct. 16: In 1971, McLaren Park Amphitheatre was formally dedicated.

Oct. 17: In 1904, the Bank of Italy, later to be renamed the Bank of America, was established by A. P. Giannini. In 1989, an earthquake measuring 7.1 on the Richter scale shook the Bay Area, the strongest jolt since 1906.

Oct. 19: In 1968, toll on the Golden Gate Bridge was doubled to 50 cents and collected only from southbound traffic.

Oct. 20: In 1929, the first vehicular traffic rolled down the newly opened Bayshore Highway.

Oct. 21: In 1868, a strong earthquake shook the City at 7:53 a.m.

Oct. 23: In 1853, the original St. Francis Hotel, a five story structure at the corner of Clay and Dupont (now Grant Ave.) Sts. was completely destroyed by fire.

Oct. 25: In 1909, the Visitacion Valley streetcar route opened as a one track line with turnouts, operating from Geneva and Mission to the Six Mile House at what is now the corner of Bayshore Blvd. and Sunnydale Ave. In 1913, the cornerstone of San Francisco City Hall in the Civic Center was laid.

Oct. 26: In 1920, the Ocean Shore Railroad, never very profitable due to light patronage during its 14 years of existence, ran its last train.

Mayors of San Francisco

FRANK McCOPPIN

On the heels of outgoing Mayor Henry Coon was his often debating Supervisor Frank McCoppin, elected San Francisco's twelfth chief executive.

Ózéln 1860, he went to work for the newly constructed original Market Street Railway, soon becoming the steam-powered line's superintendent, adept to the everyday problems of a growing transit system.

In 1860, he went to work for the newly constructed original Market Street Railway, soon becoming the steam-powered line's superintendent, adept to the everyday problems of a growing transit system.

McCoppin soon branched to politics, serving four terms as a successful San Francisco supervisor. When Mayor Coon decided to step down, McCoppin was nominated the Democratic candidate, defeating two other major mayoral candidates to take office on December 2, 1867.

During his two year term, the new mayor presided over a growing city torn between labor and racial prejudice as an influx of diverse heritages battled for preference in a demand-heavy local job market.

McCoppin's administration witnessed the 1868 opening of the Hunter's Point Drydock, the City's first official baseball game, and celebrations for completion of the transcontinental railroad.

Local newspapermen , however, didn't endear themselves to McCoppin, as several dailies eventually exposed his incorrectly stated date and place of birth, as well as his failure to become a naturalized U.S. citizen until late in 1864.

San Francisco voters responded to this expose the following election by voting their mayor out, electing local businessman Thomas Selby to the top post.

Nevertheless, McCoppin again achieved political success five years later as a state senator, serving two terms. He continued to live in a house at the corner of Valencia and 17th Sts., the original terminal for the steam-powered railway he once supervised, dying there on May 26, 1897, at the age of 62.

Just off Market and Valencia Sts. is McCoppin St., named in his honor.

UNIQUE JOB CLUB

Technical, professional and managerial workers who are seeking re-employment are now working together, finding exciting new opportunities for each other. Through a no-fee service of the **EDD** (Employment Development Department), these workers have found friends, a sense of direction, assistance and - most importantly - jobs.

The new service is PenNet. It is an affiliate of **EXPERIENCE UNLIMITED**, a group of 34 job clubs operating successfully throughout the state under various names. This important service is provided office space, equipment and a staff specialist by **EDD** and is located in their **SAN MATEO OFFICES**. The club is a direct response to the needs of a community faced with an increase in corporate closures, corporate mergers and job changes forced by technological and economic changes.

Members, who are mid to upper level executives, have expertise in accounting, administration, computer technology, education, engineering, finance, management, marketing, personnel, publishing, sales and various scientific fields. They actively seek job openings and job interviews by contacting employers. During this process they attend workshops on such subjects as resume writing, job interviewing and career search. CALL (415) 341-8758.

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McLaren Park

from page 1

were drawn up, but in 1905 there was a recommendation that the hilltops where McLaren and Bayview parks are presently located be reserved for park use. City land purchases to form McLaren Park started in 1928. The present boundaries were established in 1946. The park is named after the city park superintendent who developed Golden Gate Park.

Parent Empowerment

The Third Annual Childcare Action Network's Training is scheduled for October 21 & October 28 (Wednesday Evenings), from 6:30 p.m. to 9:00 p.m.

The worksbop will be beld at 100 Whitney Young Circle. Childcare and refreshments will be provided.

For more information contact: Doris Landry at 285-3060, please call between 1:00 p.m. and 5:00 p.m., Monday through Friday.

Childcare is limited, please register early.

October 1992

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 275/91 11:00am VVCC Senior Council Meeting; 7:00pm RONES: Potrero Police Community Relations	2 276/90 7:30pm Visitacion Valley Asian Residents' Assn.	3 277/89 (LO
4 278/88 1:00pm VVCC Bingo	5 279/87	6 280/86	7 281/85 6:30pm Valleywide Parents' Council *Yom Kippur*	8 282/84 6:00pm VVCC Parents Council	9 283/83	10 284/82
11 285/81 1:00pm VVCC Bingo FM	12 286/80 *Columbus Day (Observed)*	13 287/79 4.30pm Sunnydale Tenants Association 7:00pm El Dorado Neighborhood Betterment Council	14 288/78 6:00pm Executive Park Advisory Committee-open to all	15 289/77	16 290/76	17 291/75
18 292/74 1:00pm VVCC Bingo) LO	19 293/73	20 294/72	21 295/71	22 296/70	23 297/69 3:00pm Visitacion Valley Improvement Club	24 298/68 9:30am VVCC Board Meeting
25 299/67 1:00pm VVCC Bingo ● NM *Daylight Savings*	26 300/66	27 301/65	28 302/64	29 303/63	30 304/62	31 305/61 *Halloween*

Picturing a Sustainable Society of the Year 2020

By Maria Hon, Public Outreach Coordinator, San Francisco Recycling Program

I was showing the red worms of my worm composting bin to an overzealous 6 year old in the Festival de las Americas in the Mission last weekend when a deep resonant voice thundered over our shoulders, "What's all this for? First, recycle, then get little worms in your kitchen. So what? What's that gonna do anyway?" Although I was taken aback by his cynicism, there was a ring to his question that echoes the sentiments of even the greenest of my friends. Yes, we've been told to reduce, to reuse, to recycle, to compost, to resist consumerism, to install low flow shower heads, to ride our bikes, to take MUNI, to put our money where our ideals are, so that... so that we will have a cleaner environment, a better place for our future generations. But as a friend puts it, "That's too obscure. Give me a vision. What is this environmentally stable future supposed to look like, feel like?"

It is with these questions ringing in my ears that I write this column this month. I draw from a variety of sources for inspiration and have compiled some snapshots of this imaginary future to share with you. How about this for starters?

As I hopped out of MUNI's light rail on Market and 7th, a cool breeze wafted. I strolled easily down Market along a lane of softly rolling bicycles, savoring the trees sprouting from rooftops, the verdant vegetable garden growing out of what used to be a vacant lot, the birds singing in the sycamore. I crossed the wooden bridge that spans across the slow flowing murmuring creek. I stopped at the sidewalk cafe and decided on a glass of freshly squeezed organic orange juice (oranges are grown on-site," the cooperative member assured me). I let the luxurious, succulent fluid with its texturous pulp slide sensually down my throat. The air smelled sweet with the fragrance of parsley, sage, rosemary and thyme growing on flower beds along the sidewalk. My hemp-woven dress felt light and loose. I stepped into a brightly-colored, solar-powered building for 4 hours of leisure pondering and gathering with co-workers to discuss the latest indicators in health, education, self-sufficiency and carbon dioxide emissions.

Moving on... letting that vision thing work through my imagination:

We'll work 20 hours a week. We may have less income, but our quality of life will have improved, because we won't use money for everything as a means to meet our needs. We'll pay for them with Time Dollars we've earned by helping others. I tutor my neighbor's son math and he repairs my refrigerator. We'll have community centers where we can check out tools to build our own backyard bench and repair our solar powered water heater. Products will be durable and not disposable.

We'll be citizens of a true democracy, because we'll have time for education, for participatory involvement. We'd have more time to pitch in to clean the streams, to start comunity composting, to work in our schools and to ensure social, racial and sexual equity and harmony.

You may say that these images seem somewhat dreamy. You are right, but only partially right. They are not that far off. An increasing number of activists composed of economists, architects, planners, landscape designers, community organizers and neighborhood activists are laying the groundwork for cities to become healthier, more liveable and more sustainable. More than 700 people from around the world attended the first International Eco-City Conference in Berkeley in 1990.

Leading economists such as Herman Daly are advocating for environmentalism to be incorporated as part of every public policy concern. They are emphasizing the inextricable links between the environment and economic development, democracy and public health. They are insisting that economic **sustainability** and not economic **growth** be the goal of evolving economic policy-making; that the gross national product (GNP), the traditional yardstick to measure progress and well being, be abandoned; and that in its place, indexes that measure economic and social advances based on sustainability and equity criteria be instituted.

(Here's a simple explanation of why GNP should be abandoned: GNP measures the total output of goods and services of the country with no regard to the qualities a sustainable society strives for. It includes the revenues from the asbestos sold by Manville in the '70s; the wages paid to workers for their installation; their removal in the '80s after the discovery of its harmful effects; the fees paid to lawyers by the company to deal with lawsuits by the union because of the high incidences of cancer among the workers; the health care costs involved in caring for these workers and so far and so on.)

Recycling programs are rampant across cities and municipalities. Cities are encouraging home composting by offering deeply discounted compost bins (like San Francisco). Consumer pressure is forcing manufacturers to shed layers of packaging around their products and to include recycled content in them.

The "job versus environment" myth is beginning to crumble. What's good for the environment is good for business and good for jobs. We need only to re-arrange our priorities - create incentives of tax breaks and subsidies to industries such as solar and wind power plants; recycling and recycled goods manufacture; commuter rail systems; energy efficient building construction and retrofitting; energy efficient and water efficient appliance production; sustainable agriculture; to name just a few and the jobs will follow (skils from the fossil fuel based economy can be transfered into this sustainable economy through training programs).

But above all, we are beginning to question the assumption that increased consumption equals quality of life; that self-worth is measured by possessions, just as social progress is judged by GNP growth.

A growing new trend is beginning to appear. Thrift store hopping, building your own flower planters and biking are becoming fashionable. It's becoming socially acceptable and desirable to adopt simpler and less consumptive lifestyles. Much of the human energy that is devoted to designing, producing, advertising, buying, consuming and discarding material goods can be channeled into building stronger communities, making music and the arts. When amassing wealth becomes less of a goal, the gap between haves and have-nots will narrow, eliminating societal inequities that lead to social tensions such as the riots of South Central L.A. As Lester Brown writes, "Ideological differences may fade as well, as nations adopt sustainability as common cause, and as they come to recognize that achieving it requires a shared set of values that includes democratic principles, freedom to innovate, respect for human rights, and acceptance of diversity."

Let us all begin a broad discussion of our vision for a just and sustainable society, how it would work, and how we would get from here to there.

REGULAR MEETINGS OF CITY COMMISSIONS & BOARDS

Airports Commission	1st & 3rd Tuesday	3:00PM
Arts Commission	1st Monday	3:00PM
Board of Education	2nd & 4th Tuesday	7:00PM
Board of Supervisors	each Monday	2:00PM
Commission on Aging	1st Wednesday	9:30AM
Comm - Status of Women	4th Thursday	4:00PM
Health Commission	1st & 3rd Tuesday	3:00PM
Housing Authority Comm	2nd & 4th Thursday	4:00PM
Human Rights Comm	1st & 3rd Thursday	4:30PM
Library Commission	1st Tuesday	4:30PM
Planning Commission	each Thursday	1:30PM
Police Commission	each Wednesday	5:30PM
Port Commission	1st Tues & 3rd Wed	4:30PM
Public Utilities Comm	2nd & 4th Tuesday	2:00PM
Recreation & Parks	3rd Thursday	2:00PM
Social Services Comm	4th Thursday	9:30AM

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The Society Page "WEEK OF CARING"...and fun!

Enola D. Maxwell (2nd from left) and Ruth Passen (3rd from left) explain Potrero Hill Neighborhood House Programs to lunch-time browsers at Justin Herman Plaza on Thursday (9/24/92) during the United Way "Week of Caring" festivities.

Folk Dancers from Mexico were from one of the United Way agencies that entertained the downtown crowds at the "Week of Caring" Justin Herman Plaza display. Dancing children from Whitney Young Center wait (right background) for their turn to dance.

Jeff Guinn, from Wells Fargo Bank's relaxing at lunch with Visitacion Valley Seniors at VVCC, where he spent the morning helping in the Senior Program.

Monica Webster, of Sheppard Mullin helped to supervise the VVCC Childcare Center's play yard.

The Visitacion Valley Community Center table at Justin Herman Plaza, with Julie Kavanagh, ready to paint faces and show pictures of VVCC activities.

Julie Ebert, of Sheppard Mullin tries some computer graphics programs in the GRAPEVINE offices.

Sheppard Mullin and IBM employees assisted at VVCC with the "Last Thursday" Food Distribution program.

Please send your announcements, invitations, photos, greetings, and other social items, whether hi-brow, low-life, serious or silly, to the GRAPEVINE, c/o VVCC, 50 Raymond Ave., San Francisco, CA 94134, or call 467-6400.